

## SENIORS' WEEK – JUNE 2 TO 9

### ACTIVITIES HOSTED AT THE SENIORS DROP IN CENTRE

SUNDAY June 2	MONDAY June 3	TUESDAY June 4	WEDNESDAY June 5	THURSDAY June 6	FRIDAY June 7	SATURDAY June 8	SUNDAY June 9
9am to Noon Pancake Breakfast – McGregor Hall Sponsored by Lakeland Family Eyecare. Cost - Adult - \$5.00 6 to 12 - \$5.00 5 and under - free	11:30pm FREE Chair Yoga PH  1pm Floor Shuffleboard PH	10am Bridge Anyone? PR 10am MIM L 1pm Library App & Relaxation Project PH 1:30pm Canasta PR 7pm Pool PR 7pm Tangled Threads Meeting	11:30pm FREE Chair Yoga PH 12pm FREE Hotdog and Hamburger BBQ sponsored by B&R 1pm Bridge PR 1pm Travelling Safely presented by Rita Normand MH 7pm Floor Shuffleboard PH	1pm Floor Shuffleboard PH	7pm Seniors Social – McGregor Hall, no cost to attend. Sponsored by Pharmasave Davey Drug Mart.		

### ACTIVITIES HOSTED AT OTHER VENUES

<b>Legend</b> L – Library MH – McGregor Hall PH – Pioneer Hall PR – Pool Room	9am to 9:45am Aquafit – FREE at the Bonnyville Swimming Pool 10am to Noon Golf at the Bonnyville Golf Course – 9 holes for \$28, \$5 off. Call 780-826-4886 for a tee time. 6pm to 8pm Palliative & End of Life Care Presentation at Extencicare	9am to 9:45am Aquafit – FREE at the Bonnyville Swimming Pool	9am to 9:45am Aquafit – FREE at the Bonnyville Swimming Pool	9am to 9:45am Aquafit – FREE at the Bonnyville Swimming Pool	9am to 9:45am Aquafit – FREE at the Bonnyville Swimming Pool		Glendon Bingo 1pm Lunch \$5.00 per person at the Glendon Seniors Hall.
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