




# March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 9am to Noon Pancake Breakfast  	3 11:30am Chair Yoga PH 1pm Floor Curling MH 7pm Tuneagers PH	4 9am to 9pm Tangled Threads PH 1pm Crib PR 1:30pm Canasta MH 7pm Pool PR 7pm Tangled Threads Meeting PR	5 9am to 3pm Tangled Threads PH 11:30am Chair Yoga MH 1pm Bridge PR 7pm Floor Curling MH	6 9:30am Mahjong PR 1pm Floor Curling MH	7 <b>Office Closed</b>  10am Pool PR 6pm Commander League PR	8
9 	10 11:30am Chair Yoga PH 1pm Floor Curling MH 7pm Tuneagers PH	11 1pm Crib PR 1:30pm Canasta MH 7pm Pool PR	12 10am to 1pm Beltone 11:30am Chair Yoga MH 1pm Bridge PR <b>1pm Crafting PH</b> 6pm D& D PR 7pm Floor Curling MH	13 9:30am Mahjong PR 1pm Floor Curling MH	14 <b>Office Closed</b> 10am Pool PR 12pm to 9pm Tangled Threads PH, PR & K 6pm Commander League PR	15 9am to 9pm Tangled Threads PH, PR & K
16 9am to 9pm Tangled Threads PH, PR & K	17 9am to 3pm Tangled Threads PH 11:30am Chair Yoga MH 1pm Floor Curling MH 7pm Tuneagers PH  	18 1pm Crib PR 1:30pm Canasta MH 7pm Pool PR	19 <b>10am Board Meeting</b> 11:30am Chair Yoga MH 1pm Bridge PR 7pm Floor Curling MH  <b>7pm Back Pain with Dr. Coetzee PH</b>	20 9:30am Mahjong PR 1pm Floor Curling MH	21 <b>Office Closed</b>  10am Pool PR 6pm Commander League PR	22
23	24 11:30am Chair Yoga PH 1pm Floor Curling MH 7pm Tuneagers PH	25 1pm Crib PR 1:30pm Canasta MH 7pm Pool PR	26 10am to 1pm Beltone 11:30am Chair Yoga MH 1pm Bridge PR <b>1pm Crafting PH</b> 6pm D& D PR 7pm Floor Curling MH	27 9:30am Mahjong PR 1pm Floor Curling MH	28 <b>Office Closed</b>  10am Pool PR 6pm Commander League PR	29
30	31 11:30am Chair Yoga PH 1pm Floor Curling MH 7pm Tuneagers PH	<b>LEGEND</b> Kitchen – K, Library – L, McGregor Hall – MH, Pioneer Hall – PH, Pool Room – PR, D&D – Dungeons and Dragons, TBD – to be determined				

# BONNYVILLE SENIORS DROP IN CENTRE MARCH NEWSLETTER

Welcome to the new Board elected on January 30, 2025!

President Sherry Hennessey, Vice President Rita Normand, Treasurer Debbie Dul, Secretary Karen Irwin, Board Members; Guy Charbonneau, MaryAnn Dunkin, Glen Hrycauk, Kathy Leblond, Darlene Moren, Paul St. Amant, Theresa Tremblay-Orr, Lucy Turzanski, and Doris Ulanicki.

## PANCAKE BREAKFAST



SUNDAY, MARCH 2, 2025, FROM 9AM TO NOON



### Craft Days

FCSS will be facilitating 2 craft days this month, Wednesday, March 12, 2025, and Wednesday, March 26, 2025. at 1pm. What type of craft that will be done will be announced at closer to the dates. Sign-up sheets will be posted at the front entrance.

### Back Pain Management

On Wednesday, March 19, 2025, at 7pm in the Pioneer Hall please join Dr. Coetzee as he discusses how to manage back pain.



### Floor Curling Tournament

Congratulations to the winners of the February 22, 2025, Floor Curling Tournament! First place went to the Fort Kent team of Elwyn May, Joyce Bokota, Jenine Mercier, and Pauline Chartrand. Second place went to the Bonnyville team of Paul Robert, Marie Ingersoll, Marilyn Cinnamon, and Deb Ozero. Third place went to the Bonnyville team of Louis Hebert, Theresa Tremblay-Orr, Guy Charbonneau, and Lynn McAdam.



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A big thank you to the Bonnyville Municipal Library for dropping of 75 Valentine's Day for our members to enjoy!



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